

This form must accompany specimens referred for testing
This is not a pathology request form

REFERRING LABORATORY DETAILS

Laboratory/Hospital/Study: _____
 Contact Name & email: _____
 Referring doctor's email: _____
 Phone: () _____ Email (or Fax) for reports: _____
 Street Address: _____
 City/Suburb: _____ State: _____ Postcode: _____
 Billing Details: As Above – Email address for invoicing: _____
 Private Patient – Patient consent must be provided for invoicing (either on this form or on Doctor's request slip)
 Other (please specify) Company/Name: _____
 Contact email/Address: _____

SPECIMEN DETAILS

Specimen Lab No: _____ Name: _____
 Blood Collection Date: _____ DOB: _____ Sex: _____

Requested Test/s: *Doctor referral must be provided*

- Plasma Phospho-Tau181P (pT181P)
- Plasma Neurofilament Light (NfLP)

Sample requirements (see page 2 for more sample handling):

- Use EDTA blood tube. **Only plasma samples are accepted.**
- Plasma (minimum 2ml) must be non-haemolysed and not visibly red.
- Stable for 2 days at 20-25°C, 7 days at 2-8°C and 3 months at -20°C (±5°C)
- The assay is not valid if interfering protein limits are exceeded or unknown: IgG ≤2g/dL; Albumin ≤7g/dL; Hemoglobin: ≤500mg/dL, Biotin ≤1200ng/mL. Full list available on Elecsys Phospho-Tau (181P) Plasma method sheet 09697870190.

Sample storage conditions

- Refrigerated 2-8°C
- Frozen -20°C

Sample shipping conditions

- Refrigerated 2-8°C (Ice pack)
- Frozen -20°C (Dry Ice)

For all plasma proteins: if the sample can't be guaranteed to arrive at NDDL within 7 days from collection, freeze the sample immediately and send with dry-ice.

Testing fee pTau181P: \$250 NfL: \$200*
 *Note: price increase to \$250 as of 01/07/2026

Address Specimens to: **National Dementia Diagnostics Laboratory (NDDL)**
 The Florey, Kenneth Myer Building
 30 Royal Parade
 Gate 11, Rear loading Dock
 The University of Melbourne, Parkville, VIC 3052

NDDL Enquiries / Contact Details

Phone: 03 9035 7243 Fax: 03 9349 5105
 Email: enquiries-nddl@unimelb.edu.au
 Website: <https://florey.edu.au/science-research/scientific-services-facilities/national-dementia-diagnostics-laboratory>



Elecsys® Phospho-Tau (181P) Plasma

Ensuring proper sample handling and transport

Specimen collection and preparation

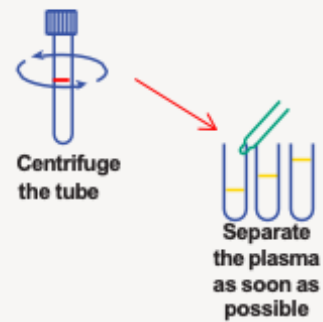
Sample type

K2-EDTA and K3-EDTA plasma, with or without separating gel. Collect to the indicated tube fill mark.



Sample processing

Follow the tube manufacturer's instructions for fill volume, appropriate mixing and centrifugation requirements. It is recommended to separate the plasma within 6 hours of collection.*

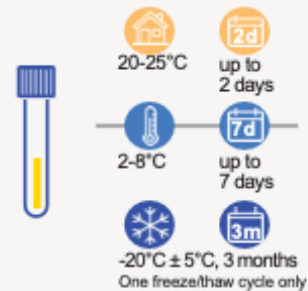


Sample transport

It is recommended to transport separated plasma samples to the laboratory. *If separation is not possible, ensure the sample is transported within 6 hours of collection for further processing by the laboratory.**

Sample stability (separated plasma)

2 days at 20-25 °C
7 days at 2-8 °C
3 months at -20 °C (± 5 °C).
Freeze only once



* Sample integrity may be compromised if not separated within 6 hours of collection. (Source: Roche R&D. Status as of 2025, Data on file)

What if I have more questions about these tests?
Please contact the laboratory for important collection, handling and transport instructions.



THIS PRODUCT IS NOT AVAILABLE FOR USE BY THE GENERAL PUBLIC. ALWAYS READ THE LABEL AND FOLLOW THE DIRECTIONS FOR USE.

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