

This form must accompany specimens referred for testing
This is not a pathology request form

REFERRING LABORATORY DETAILS

Laboratory/Hospital/Study: _____

Contact Name & email: _____

Referring doctor's email: _____

Phone: _____

() _____

Email (or Fax) for reports: _____

Street Address: _____

City/Suburb: _____

State: _____

Postcode: _____

Billing Details:

As Above – Email address for invoicing: _____

Private Patient – Patient consent must be provided for invoicing (either on this form or on Doctor's request slip)

Other (please specify) **Company/Name:** _____

Contact email/Address: _____

SPECIMEN DETAILS

Specimen Lab No: _____

Name: _____

Blood Collection Date: _____

DOB: _____

Sex: _____

Requested Test/s: *Doctor referral must be provided*

Plasma Phospho-Tau181P (pT181P)
 Plasma Neurofilament Light (NfLP)

Sample requirements (see page 2 for more sample handling):

- Use EDTA blood tube. **Only plasma samples are accepted.**
- Plasma (minimum 2ml) must be non-haemolysed and not visibly red.
- Stable for 2 days at 20-25°C, 7 days at 2-8°C and 3 months at -20°C (±5°C)
- The assay is not valid if interfering protein limits are exceeded or unknown: IgG ≤2g/dL; Albumin ≤7g/dL; Hemoglobin: ≤500mg/dL; Biotin ≤1200ng/mL. Full list available on Elecsys Phospho-Tau (181P) Plasma method sheet 09697870190.

Testing storage and shipping conditions

Refrigerated 2-8°C (Ice pack)

Frozen -20°C (Dry Ice)

For all plasma proteins: if the sample can't be guaranteed to arrive at NDDL within 7 days from collection, freeze the sample immediately and send with dry-ice.

Testing fee

pTau181P: \$250

NfL: \$200

Address Specimens to:

National Dementia Diagnostics Laboratory (NDDL)

The Florey, Kenneth Myer Building

30 Royal Parade

Gate 11, Rear loading Dock

The University of Melbourne, Parkville, VIC 3052

Enquiries / Contact Details

National Dementia Diagnostics Laboratory (NDDL)

Phone: 03 9035 7243 **Fax:** 03 9349 5105

Email: enquiries-nddl@unimelb.edu.au

Website: <https://florey.edu.au/science-research/scientific-services-facilities/national-dementia-diagnostics-laboratory>



Elecys® Phospho-Tau (181P) Plasma

Ensuring proper sample handling and transport

Specimen collection and preparation

Sample type

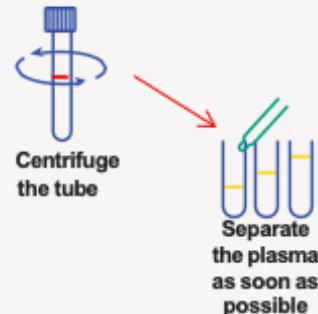
K2-EDTA and K3-EDTA plasma,
with or without separating gel.
Collect to the indicated tube fill mark.



Sample processing

Follow the tube manufacturer's instructions for fill volume, appropriate mixing and centrifugation requirements.

It is recommended to separate the plasma within 6 hours of collection.*



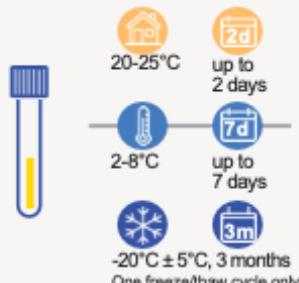
Sample transport

It is recommended to transport separated plasma samples to the laboratory.

If separation is not possible, ensure the sample is transported within 6 hours of collection for further processing by the laboratory.*

Sample stability (separated plasma)

2 days at 20-25 °C
7 days at 2-8 °C
3 months at -20 °C (± 5 °C).
Freeze only once



* Sample integrity may be compromised if not separated within 6 hours of collection.
(Source: Roche R&D. Status as of 2025, Data on Re)

What if I have more questions about these tests?

Please contact the laboratory for important collection, handling and transport instructions.



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