

*This form must accompany specimens referred for testing*  
*This is not a pathology request form*

**REFERRING LABORATORY DETAILS**

**Laboratory/Hospital/Study:** \_\_\_\_\_

**Contact Name & email:** \_\_\_\_\_

**Referring doctor's email:** \_\_\_\_\_

**Phone:** ( ) \_\_\_\_\_ **Email (or Fax) for reports:** \_\_\_\_\_

**Street Address:** \_\_\_\_\_

**City/Suburb:** \_\_\_\_\_ **State:** \_\_\_\_\_ **Postcode:** \_\_\_\_\_

**Billing Details:** ☐ **As Above** – Email address for invoicing: \_\_\_\_\_

☐ **Private Patient** – Patient consent must be provided for invoicing (either on this form or on Doctor's request slip)

☐ **Other** (please specify) **Company/Name:** \_\_\_\_\_

**Contact email/Address:** \_\_\_\_\_

**SPECIMEN DETAILS**

**Specimen Lab No:** \_\_\_\_\_ **Name:** \_\_\_\_\_

**Blood Collection Date:** \_\_\_\_\_ **DOB:** \_\_\_\_\_ **Sex:** \_\_\_\_\_

**Requested Test/s:** *Doctor referral must be provided*

☐ **Plasma Phospho-Tau181P (pT181P)**

☐ **Plasma Neurofilament Light (NfLP)**

**Sample requirements (see page 2 for more sample handling):**

- Use EDTA blood tube. **Only plasma samples are accepted.**
- Plasma (minimum 2ml) must be non-haemolysed and not visibly red.
- Stable for 2 days at 20-25°C, 7 days at 2-8°C and 3 months at -20°C (±5°C)
- The assay is not valid if interfering protein limits are exceeded or unknown: IgG ≤2g/dL; Albumin ≤7g/dL; Hemoglobin: ≤500mg/dL, Biotin ≤1200ng/mL. Full list available on Elecsys Phospho-Tau (181P) Plasma method sheet 09697870190.

**Testing storage and shipping conditions**

- ☐ Refrigerated 2-8°C (Ice pack) ☐ Frozen -20°C (Dry Ice)

For all plasma proteins: if the sample can't be guaranteed to arrive at NDDL within 7 days from collection, freeze the sample immediately and send with dry-ice.

**Testing fee** **pTau181P:** \$250 **NfL:** \$200

**Address Specimens to:** **National Dementia Diagnostics Laboratory (NDDL)**  
The Florey, Kenneth Myer Building  
30 Royal Parade  
Gate 11, Rear loading Dock  
The University of Melbourne, Parkville, VIC 3052

**Enquiries / Contact Details**

**National Dementia Diagnostics Laboratory (NDDL)**  
**Phone:** 03 9035 7243 **Fax:** 03 9349 5105  
**Email:** [enquiries-nddl@unimelb.edu.au](mailto:enquiries-nddl@unimelb.edu.au)  
**Website:** <https://florey.edu.au/science-research/scientific-services-facilities/national-dementia-diagnostics-laboratory>



# Elecsys® Phospho-Tau (181P) Plasma Ensuring proper sample handling and transport

## Specimen collection and preparation

### Sample type

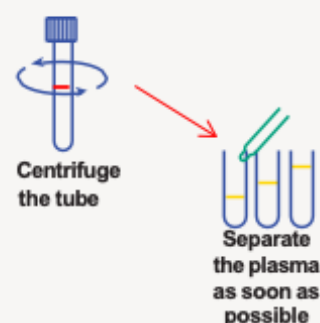
K2-EDTA and K3-EDTA plasma,  
with or without separating gel.  
Collect to the indicated tube fill mark.



### Sample processing

Follow the tube manufacturer's instructions for fill volume, appropriate  
mixing and centrifugation requirements.

It is recommended to separate the plasma within 6 hours of collection.\*



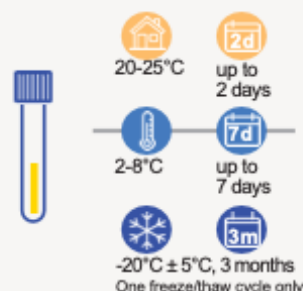
### Sample transport

It is recommended to transport separated plasma samples to the  
laboratory.

*If separation is not possible, ensure the sample is transported within 6  
hours of collection for further processing by the laboratory.\**

### Sample stability (separated plasma)

2 days at 20-25 °C  
7 days at 2-8 °C  
3 months at -20 °C (± 5 °C).  
Freeze only once



\* Sample integrity may be compromised if not separated within 6 hours of collection.  
(Source: Roche R&D. Status as of 2025, Data on file)

### What if I have more questions about these tests?

Please contact the laboratory for important collection,  
handling and transport instructions.



THIS PRODUCT IS NOT AVAILABLE FOR USE BY THE GENERAL PUBLIC.  
ALWAYS READ THE LABEL AND FOLLOW THE DIRECTIONS FOR USE.

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